

# 2017 Foundations Training for Caregivers

DHS CHILD WELFARE / TIMBER RIDGE ROOM  
1040 HARLOW RD., SPRINGFIELD, OR

## Foundation Classes – All General Applicants must begin with Session 1

**Session 1** - Introduction to Foundations- 3 hours

**Session 2** - Importance of Birth Families- 3 hours

**Session 3**- Child Development and the Impact of Abuse- 3 hours

**Session 4** - Sexual Abuse- 3 hours

**Session 5** - Behavior Management- 3 hours

**Session 6** - Valuing the Child's Heritage- 3 hours

**Session 7** – Families Together - 3 hours

**Session 8** – Next Steps for Providers - 3 hours

Tuesday/ Thursday Night Sessions – Classes alternate between Tuesdays and Thursdays.

Thursday/Friday Morning Sessions – Classes alternate between Thursdays and Fridays.

SLAM! - It's all 8 sessions, done in order, over 3 days. Register for the entire SLAM or for Sessions you missed.

You can mix and match – Tu/Thurs, Thurs/ Fri, SLAM – as long as you begin with Session 1!

SLAM Sessions fill up quickly. They typically fill to capacity 6 weeks before the training. Plan accordingly!

## Other Classes Available and Recommended:

**Care of At-Risk Infants** - If caring for children 18 months and younger. 6 hours (1 hour lunch)

**Child Passenger Restraint Training (CAR)** - If caring for children 8 years and younger 2 hours

**CPR and First Aid** – If caring for children 18 months and younger. Due to funding limitations, we can ONLY register those who have a current certificate and/or have completed Foundations. Participants must be licensed providers or approved respite providers to participate. And, they must be 18.

(CPR) 6 hrs

Contact Cleo Mapfumo - [cleopatra.mapfumo@state.or.us](mailto:cleopatra.mapfumo@state.or.us) (541)726-6644 x2274 to register.

**WE LOVE IT WHEN YOU EMAIL your requests!** Include the following information:

- Your name and your partner's name if applicable. (No care providers or kids please!)
- Your phone number and email address so a confirmation can be sent.
- The name or number of the session and the date you wish to attend it (ie: Session 3 on 4/13/2017)

# 2017 Foundations Training for Caregivers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 New Year's Day Holiday	2	3	4	5	6 <b>SLAM 1</b> Part 1: 9-12, 1-4 & 5-8 pm	7 <b>SLAM 1</b> Part 2: 9-12, 1-4 & 5-8 pm
<b>January</b>						
8 <b>SLAM 1</b> Part 3: 9-12 & 1-4	9	10	11	12	13	14
15	16 Martin Luther King Day Holiday	17 Session 1 6 – 9 pm	18	19 Session 2 6 – 9 pm	20	21
22	23	24 Session 3 6 – 9 pm	25 CAR 6:30- 8:30 pm	26 Session 4 6 – 9 pm	27	28 CPR 9-3 At Risk Infants 9-3
29	30	31 Session 5 6 – 9 pm				
<b>February</b>			1	2 Session 1 9am-12 - Session 6 6 – 9 pm	3 Session 2 9am-12	4
5	6	7  Session 7 6 – 9 pm	8	9 Session 3 9am-12 - Session 8 6 – 9 pm	10 Session 4 9am-12	11
12 Lincoln's Birthday	13	14 Valentine's Day	15	16 Session 5 9am-12 - Session 1 6 – 9 pm	17 Session 6 9am-12	18
19	20 President's Day Holiday	21  Session 2 6 – 9 pm	22	23 Session 7 9am-12 - Session 3 6 – 9 pm	24 Session 8 9am-12	25
26	27	28 Session 4 6 – 9 pm				

# 2017 Foundations Training for Caregivers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>March</b>			1	2 Session 5 6 – 9 pm	3	4
5	6	7 Session 6 6 – 9 pm	8	9 Session 7 6 – 9 pm	10	11
12	13	14 Session 8 6 – 9 pm	15	16	17 Saint Patrick's Day <b>SLAM 2</b> Part 1: 9-12, 1-4 & 5-8 pm	18 <b>SLAM 2</b> Part 2: 9-12, 1-4 & 5-8 pm
19 <b>SLAM 2</b> Part 3: 9-12 & 1-4	20	21	22 CAR 6:30- 8:30 pm	23	24	25
26	27	28	29 SPRING BREAK	30	31	1
<b>April</b>						
2	3	4 Session 1 6 – 9 pm	5	6 Session 1 9am-12 - Session 2 6 – 9 pm	7 Session 2 9am-12	8
9	10	11 Session 3 6 – 9 pm	12	13 Session 3 9am-12 - Session 4 6 – 9 pm	14 Session 4 9am-12	15
16 Easter	17 Tax Day	18 Session 5 6 – 9 pm	19	20 Session 5 9am-12 - Session 6 6 – 9 pm	21 Session 6 9am-12	22
23	24	25 Session 7 6 – 9 pm	26 Administrative Professionals Day	27 Session 7 9am-12 - Session 8 6 – 9 pm	28 Session 8 9am-12	29
30						

# 2017 Foundations Training for Caregivers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>May</b>	2	3	4	5 <b>SLAM 3</b> Part 1: 9-12, 1-4 & 5-8 pm	6 <b>SLAM 3</b> Part 2: 9-12, 1-4 & 5-8 pm
7 <b>SLAM 3</b> Part 3: 9-12 & 1-4	8	9	10	11	12	13
14 Mother's Day	15	16	17	18 Session 1 6 – 9 pm	19	20
21	22	23 Session 2 6 – 9 pm	24 CAR 6:30- 8:30 pm	25 Session 3 6 – 9 pm	26	27
28	29 Memorial Day Holiday	30 Session 4 6 – 9 pm	31			
	<b>June</b>			1 Session 5 6 – 9 pm	2	3
4	5	6 Session 6 6 – 9 pm	7	8 Session 7 6 – 9 pm	9	10
11	12	13 Session 8 6 – 9 pm	14 Flag Day	15	16	17
18 Father's Day	19	20	21	22	23 <b>SLAM 4</b> Part 1: 9-12, 1-4 & 5-8 pm	24 <b>SLAM 4</b> Part 2: 9-12, 1-4 & 5-8 pm
25 <b>SLAM 4</b> Part 3: 9-12 & 1-4	26	27	28	29	30	

To register, contact Cleo Mapfumo - [cleopatra.mapfumo@state.or.us](mailto:cleopatra.mapfumo@state.or.us) (541)726-6644 x2274.

**WE LOVE IT WHEN YOU EMAIL your requests!** Include the following information:

- **Your name** and your partner's name if applicable. (no care providers or kids please!)
- **Your phone number** and **email address** so a confirmation can be sent.

**The name or number of the session and the DATE** you wish to attend it ie: Session 3 on 4/13/2017

## 2017 Foundations Training for Caregivers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>July</b>						1
2	3	4 Independence Day Holiday	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26 CAR 6:30- 8:30 pm	27	28	29
30	31					
<b>August</b>		1	2	3	4 <b>SLAM 5</b> Part 1: 9-12, 1-4 & 5-8 pm	5 <b>SLAM 5</b> Part 2: 9-12, 1-4 & 5-8 pm
6 <b>SLAM 5</b> Part 3: 9-12 & 1-4	7	8	9	10	11	12
13	14	15 Session 1 6 – 9 pm	16	17 Session 2 6 – 9 pm	18	19
20	21	22 Session 3 6 – 9 pm	23	24 Session 4 6 – 9 pm	25	26
27	28	29 Session 5 6 – 9 pm	30	31 Session 6 6 – 9 pm		

To register, contact Cleo Mapfumo - [cleopatra.mapfumo@state.or.us](mailto:cleopatra.mapfumo@state.or.us) (541)726-6644 x2274.

**WE LOVE IT WHEN YOU EMAIL your requests!** Include the following information:

- **Your name** and your partner's name if applicable. (no care providers or kids please!)
- **Your phone number** and **email address** so a confirmation can be sent.
- **The name or number of the session and the DATE** you wish to attend it Session 3 on 4/13/2017

# 2017 Foundations Training for Caregivers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>September</b>					1	2
3	4 Labor Day	5 Session 7 6 – 9 pm	6	7 Session 8 6 – 9 pm	8	9
10	11	12	13	14 Session 1 6 – 9 pm	15	16
17	18	19 Session 2 6 – 9 pm	20	21 Session 3 6 – 9 pm	22	23
24	25	26 Session 4 6 – 9 pm	27 CAR 6:30- 8:30 pm	28 Session 5 6 – 9 pm	29	30
<b>October</b>		3 Session 6 6 – 9 pm	4	5 Session 7 6 – 9 pm	6	7
8	9	10 Session 8 6 – 9 pm	11	12	13	14
15	16	17	18	19	20 <b>SLAM 6</b> Part 1: 9-12, 1-4 & 5-8 pm	21 <b>SLAM 6</b> Part 2: 9-12, 1-4 & 5-8 pm
22 <b>SLAM 6</b> Part 3: 9-12, 1-4	23	24	25	26	27	28
29	30	31 Halloween				

To register, contact Cleo Mapfumo - [cleopatra.mapfumo@state.or.us](mailto:cleopatra.mapfumo@state.or.us) (541)726-6644 x2274.

**WE LOVE IT WHEN YOU EMAIL your requests!** Include the following information:

- **Your name** and your partner's name if applicable. (no care providers or kids please!)
- **Your phone number** and **email address** so a confirmation can be sent.
- **The name or number of the session and the DATE** you wish to attend it Session 3 on 4/13/2017

## 2017 Foundations Training for Caregivers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>November</b>			1	2 Session 1 6 – 9 pm	3	4
5	6	7 Session 2 6 – 9 pm	8	9 Session 3 6 – 9 pm	10	11 Veteran’s Day
12	13	14 Session 4 6 – 9 pm	15 CAR 6:30- 8:30 pm (if needed)	16 Session 5 6 – 9 pm	17	18
19	20	21 Session 6 6 – 9 pm	22	23 Thanksgiving Day	24	25
26	27	28 Session 7 6 – 9 pm	29	30 Session 8 6 – 9 pm		
<b>December</b>					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 Christmas Day	26	27	28	29	30
31						

To register, contact Cleo Mapfumo - [cleopatra.mapfumo@state.or.us](mailto:cleopatra.mapfumo@state.or.us) (541)726-6644 x2274.

**WE LOVE IT WHEN YOU EMAIL your requests!** Include the following information:

- **Your name** and your partner’s name if applicable. (no care providers or kids please!)
- **Your phone number** and **email address** so a confirmation can be sent.
- **The name or number of the session and the DATE** you wish to attend it Session 3 on 4/13/2017